

Subject-RHE Year-2021-2022

Coit follows the PSHE Association SOW , Learn Sheffield Online Safety SOW and Learn Sheffield Relationships and Health Education with optional units

Colour	Location of planning
Black	Google Drive https://drive.google.com/drive/u/2/folders/1j05Z0ZyskfuQOnjTilxG2XBeCmPJRmmv
Red	Google Drive https://drive.google.com/drive/u/2/folders/1j05Z0ZyskfuQOnjTilxG2XBeCmPJRmmv
Red *	Google Docs https://qrgo.page.link/jwTka
Purple	PSHE Association scheme of work-use your login details to access the PSHE Association website
Green	Google Drive PSHE Association Drugs SOW https://drive.google.com/drive/u/2/folders/1eNjypuWdj3q-Vu7zNT8wly9uzX-QoLrG

Y1	Aut1	Aut 2	Spr1	Spr2	Sum1	Sum2
	Os) Passwords C1 * H4 – about why sleep is important and different ways to rest and relax	Fr1) Who is my friend? P1) How do I help my body stay healthy? CW resource pack-3e Os1) Screen time (L1)	M1) Where do feelings come from? P2) How do I decide what to eat? Os) What is the internet? C2* L10. what money is; forms that money comes in; that money comes from different sources L13. that money needs to be looked after; different ways of doing this	Fa1) Who's in my family? CW resource pack 3 Os) Choosing what to do online L2* H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters) H31. that household products (including medicines) can be harmful if not used correctly	Fr2) What makes a good friend? Fr3) Should friends tell us what to do? R9. how to ask for help if a friendship is making them feel unhappy Os) Searching safely P3 * Drugs-Keeping Safe Things that go into and onto our bodies	M3) What helps me to be happy? Os) Communicating online * Os) Being kind online S2*
Y2	Aut1	Aut 2	Spr1	Spr2	Sum1	Sum2

	<p>C1 How do we make a happy school? C2 Who lives in my neighbourhood? Os3 Online strangers (P1)</p>	<p>Fr4) How do we stop bullying? Os2) Personal information (S1) L11. that people make different choices about how to save and spend money L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want</p>	<p>Fa2) Do families always stay the same? H20 – about change and loss (including death): to identify feelings associated with this; to recognise what helps people to feel better Fa3) How should families treat each other? P3) How do we stop getting ill?</p>	<p>Fa4) When should I say no? Os) Accepting messages C3* Fa5) Who owns my body? I do! G1) How bodies change as we get older (link with science) CW resource pack 3a</p>	<p>Os) Content Creators N1* Os4) Fake News (N1) M2) Who am I? P4) How can I stay safe? Drugs-Keeping Healthy-Medicines Drugs-Keeping Safe-Medicines and Household Products</p>	<p>Os) Feeling uncomfortable online * C3) What makes a boy or a girl? CW resource pack 1/3D Fa6) Are all families the same?</p>
Y3	Aut1	Aut 2	Spr1	Spr2	Sum1	Sum2
	<p>Fr11) What makes a good friend? Os1) Online strangers (P1) Os2) Sharing Online(P2)</p>	<p>Fa1) Do families always stay the same? Fa2) Are all families like mine?</p>	<p>P1) How do I keep my body healthy? H48. about why people choose to use or not use drugs (including nicotine, alcohol and medicines); H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns Os) Screen Time L1* Os) Sleep L2*</p>	<p>M1) How do I manage my feelings? Os3) Friendship Online (S1) P2) How do I get a healthy diet?</p>	<p>Os4) Personal Information (C2) P3) How do I stop getting ill? H40. about the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully) Drugs-Safety rules and risks-Medicines and Household Products</p>	<p>Os) Deciding what is appropriate L3 * Os) Suspicious Messages C4 *</p>
Y4	Aut1	Aut 2	Spr1	Spr2	Sum1	Sum2

<p>Os) Passwords C5 *</p> <p>Fr2) Are all friends the same?</p> <p>Fr3) Are friendships always fun?</p> <p>M2) Are we happy all the time?</p>	<p>C1) How do we make the world fair?</p> <p>Os) Copyright C3 *</p> <p>C2) Where do you feel like you belong?</p> <p>C3) How can we help the people around us?</p>	<p>Os5) Digital media (N1)</p> <p>Os6) Verifying content and echo chambers (N3)</p>	<p>Fa3) How should we treat people who are different?</p> <p>Os) Media Bias N2 *</p>	<p>Os) Advertising C1 *</p> <p>H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping</p> <p>H47. to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others</p> <p>P4) How do I save a life?</p>	<p>G1) What is a period-CW resource pack 4/pack 5</p> <p>Drugs-Safety rules and risks-Alcohol and smoking</p>
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Y5	Aut1	Aut 2	Spr1	Spr2	Sum1	Sum2
	<p>Fa1) Why do some people get married?</p> <p>Fa2) Are families ever perfect?</p> <p>Os1) Control and consent (S1)</p> <p>Os2) Protecting our identity(P1)</p> <p>Os) Passwords C3*</p>	<p>Fr1) What makes a close friend?</p> <p>M1) Does everybody have the same feelings?</p> <p>Os) Social Media anxiety L1*</p> <p>Os) Fake news N2 *</p>	<p>Fr2) Should I try and fit in with my friends?</p> <p>Os) Online Behaviour S2 *</p> <p>Fr30) Should friends tell us what to do?</p> <p>P1) Is there such a thing as a perfect body?</p> <p>Os) Self Esteem L2 *</p>	<p>Os3) Meeting strangers online (P4)</p> <p>Os4) Personal Information, terms and conditions</p> <p>Os) Protecting images of us online P2*</p> <p>Os) Copyright C3 *</p> <p>M2) Should we be happy all the time?</p> <p>Os8) Does the internet make us happy? (L1)</p> <p>M3) Why do we argue?</p>	<p>P2) How can I stay fit and healthy?</p> <p>Os) Digital '5 a day' L4 *</p> <p>P3) Can I avoid getting ill?</p> <p>M4) Who am I?</p> <p>Fa3) Is there such a thing as a normal family?</p> <p>Drugs-Managing Risk-Medicine</p>	<p>Fr4) Why are some people unkind?</p> <p>Os5) Analysing Digital Media (N1)</p> <p>Os) Game ratings L6 *</p> <p>Drugs- Managing risk-Illegal and legal drugs</p> <p>G1) How will my body change as I get older? CW resource pack 6/pack 7/pack 8</p> <p>Os) Unhealthy Attention P3 *</p> <p>G2) How will my feelings change as I get older?</p> <p>G3) How will I stay clean during puberty?</p> <p>G4) What is menstruation? CW resource pack 4/Pack 5</p>
Y6	Aut1	Aut 2	Spr1	Spr2	Sum1	Sum2

	<p>Os6) Bias (N2) Fr5) What are stereotypes? Os) Online Stereotypes L5 *</p> <p>Fr6) How do I accept my friends for who they are?</p>	<p>C1) What is prejudice? Os7) Echo Chambers (N5) C2) What is the history of prejudice? C3) What should I do if I encounter prejudice?</p>	<p>Sx1) How do plants reproduce? (N.B. Taught through science – does not include sexual intercourse) C4) How can I be a great citizen? C5) Why is money important? Os) Online Ads and money on the internet C1* Os) In App purchases and credit card info C5 *</p>	<p>P4) Why do some people take drugs? P5) Where should I get my health information? Os) Inaccurate health info L3* P6) How do I save a life? Os) Meeting Strangers P4 *</p>	<p>C6) Who belongs in our country? C7) What does it mean to be British? Os) Verifying info online N3* Drugs-Managing risk-influence and pressure Drugs-Managing risk-Drugs, alcohol and the media</p>	<p>G1) How will my body change as I get older? CW resource pack 6/pack 7/pack 8 Os) Unhealthy Attention P3 * G2) How will my feelings change as I get older? G3) How will I stay clean during puberty? G4) What is menstruation? CW resource pack 4/Pack 5</p>
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